

Information about the Intuit Health Personal Health Record for Patients

A personal health record: What is it?

A **personal health record**, sometimes referred to as a PHR, is a health record that a patient creates and maintains using a web-based application. Ideally, a personal health record provides a complete and accurate summary of the patient's health and medical history because it's able to gather the latest health information from many sources and make it available online to patients and providers who have proper electronic credentials, including emergency responders.

Does a personal health record need to be electronic?

The term "personal health record" has been applied to both paper-based and computerized health records. However, the term is used more frequently to refer to an electronic application that collects and stores health data.

Is my personal health record the same as my doctor's electronic health record (EHR)?

No. Personal health records are not the same as EHRs, which are software systems used by healthcare providers to store patient health records. Like the data recorded in paper-based medical records, the data in EHRs are legally mandated notes on the care that providers give to patients. However, patients are not required by law to store their health information in a personal health record. Since patients own and control the health information in their personal health records, they can choose whether or not to share it with their providers.

What are the differences between EHRs, patient portals, and personal health records?

Electronic health records and electronic medical records contain clinical data created by and for health professionals in the course of providing patient care. Even though the data is about the patient, it resides in the healthcare provider's system and cannot be accessed by the patient.

A patient portal provides a secure, web-based view into some of a patient's electronic medical records. Patient portals typically also allow patients to request prescription refills, make appointments, and send secure messages to their providers.

Personal health records store a patient's health information using online applications like Intuit Health Personal Health Record and HealthVault, depending on which service the patient chooses. Providers can send updates to the patient's personal health record from their EHR systems but only if the patient gives their providers permission to access their personal health record.

What kind of information is stored in a personal health record?

Personal health records can contain a wide range of health information such as:

- allergies and adverse drug reactions
- chronic diseases
- family history
- illnesses and hospitalizations
- imaging reports (e.g. x-ray)
- immunization records
- laboratory test results
- medications and dosing including over the counter medications and herbal remedies
- surgeries and other procedures
- vaccinations

Who owns personal health record data?

You do. Once data is in your personal health record, it is **owned and controlled by you**. In most EHR's, patient data is the property of the provider, although the content can be co-created by both you and your doctors. According to recent federal legislation, providers using a certified EHR will be required to provide you with an electronic copy of your health record if you ask for it.

What is the Intuit Health Personal Health Record?

The Intuit Health Personal Health Record is a web-based application that allows you to store your personal health information on secure Intuit Health servers so you can access your health record online anytime, anywhere. And your health information is always up-to-date and secure when you share your Intuit Health Personal Health Record with your providers because you control who has access to view and update your health information.

What are the benefits of the Intuit Health Personal Health Record for me?

The Intuit Health Personal Health Record stores all your health information in one secure location, making it easier for you to find and share information about your recent health services and conditions with family members and providers. For example, you can update your health record each time your providers send you lab results and visit summaries.

A key benefit of sharing your health record is that your doctors can see what medications and labs you've already had, thus avoiding costly duplicate procedures and tests. The health record also lets you set permissions so that emergency personnel such as EMTs and ambulance drivers can see your most up-to-date medication, allergy, and emergency contact information.

Who controls your Intuit Health Personal Health Record?

You do. Your Intuit Health Personal Health Record lets you:

- Access your health record online anytime, anywhere with a user ID and password
- Share your health information with your providers and other family members
- Update your health information to make sure it's always current
- Receive information from your providers about your health conditions, medications, and other patient education
- Request prescription refills and schedule appointments
- Send secure messages to your provider
- Grant limited access to emergency personnel in case you're ever in need of emergency health assistance

Is the my Intuit Health Personal Health Record private and secure?

Yes. Your health records are stored on secure Intuit Health servers in a central location and can't be accessed or viewed without your consent and authorization by secure technology. You'll have your own unique user ID and password, the same user ID and password you use in Intuit Health Patient Portals and with HealthKey™.

What kind of information can be stored in my Intuit Health Personal Health Record?

You can store and share with your providers, caregivers, and family members your personal information, along with:

- Names and phone numbers of people to contact in case of an emergency
- Names, addresses, and phone numbers of doctors, including specialists and dentists
- Health insurance information such as the name of your insurance company and key phone numbers
- Current medications and dosages
- Allergies to food, drugs, and other substances
- Important health events, dates, and hereditary conditions
- Significant illnesses and surgical procedures
- Summaries of recent doctor visits
- Important test results; eye and dental records; immunization records. You can enter this information yourself or you can add it when your provider's or hospital sends it to your Intuit Health Personal Health Record.
- Other health-related information such as your exercise regimen, over-the-counter and herbal medications, mental health counseling, and your advance care planning documents.